

Digital race results can be viewed on webpage:

<https://www.timing.mobi/>

Ronnie Davel 2023 16km Race Results							
Position	Race Number	First Name	Surname	Age	Gender	Club	Total Time
1	65	Siya	Ndlovu	40	M	Amaqawe	00:57:17
2	268	Samukele	Shabalala	18	M	Ensika	00:59:15
3	320	Liam	Hutson		M		01:00:09
4	432	Melikhaya	Macleka	33	M	Mr P Sport	01:00:25
5	64	Sbongiseni	Ndlovu	28	M	Hollywood Bets AC	01:01:38
6	182	Nkosinathi	Mthalane	38	M	Hollywood Bets AC	01:01:57
7	251	Doug	Pickard	38	M		01:02:19
8	11	James	Speed	28	M		01:02:45
9	256	Sandile	Makhaye	49	M	Phuma	01:03:41
10	90	Vianey	Kikanya	40	M	Hollywood Bets AC	01:03:43
11	467	Sabelo	Zwane	32	M	Hollywood Bets AC	01:04:23
12	111	Carrick	McKean	19	M		01:04:53
13	360	Sandile	Shezi		M		01:04:54
14	74	Ndumiseni	Zonde	43	M	St Johns	01:04:58
15	374	Lindelani	Sithole	36	M		01:06:09
16	163	Nucobo	Nucobo	34	M	Maranatha	01:06:17
17	72	Siyabong	Madladla	36	M	Hollywood Bets AC	01:06:24
18	328	Grant	Cummings	51	M	PDAC	01:06:55
19	152	Muzi	Madikwa	40	M	Howick AC	01:07:22
20	297	Mnqobi	Mzelemu	18	M		01:07:32
21	29	Keith	Clover		M	Faku Chiefs AC	01:08:01
22	69	Samuel	Haynes	16	M	PDAC	01:08:18
23	42	Ngceba	Lenisa	28	M	Collegians Harriers	01:08:36
24	412	Carla	Van Huysteen	38	F		01:09:06
25	385	Bongani	Zindlani	40	M	Hollywood Bets AC	01:10:12
26	158	Sibongiseni	Thusi	40	M	Hollywood Bets AC	01:11:20
27	455	Jono	Le Roux	33	M		01:11:34
28	122	Wade	Paton	36	M		01:11:39
29	162	Tristan	Sebire	19	M		01:11:47
30	453	Luke	Plotts	27	M	Hillcrest Villages AC	01:11:58
31	19	Mandla	Madotdo	43	M	Collegians Harriers	01:11:59
32	50	Shaen	MacDevette	21	F	Phobians	01:12:11
33	136	Keenan	Hunn	25	M	PDAC	01:12:29
34	400	Sifundo	Sithole	36	M	Howick AC	01:13:15
35	56	Shaun	King	34	M	Westville AC	01:13:21
36	206	Richard	Johnson	27	M	Michaelhouse	01:14:19
37	380	Andrew	Woodgate	27	M		01:15:20
38	345	Kyle	Leighton	39	M		01:15:26
39	159	Thulasizane	Ngcobo	50+	M		01:15:33
40	103	Jan	Koegelenberg	60+	M	Max Elite	01:15:43
41	353	Mike	Edgcumbe	53	M	Howick AC	01:16:02
41	446	Mathew	Mundell	28	M	Howick AC	01:16:02
43	337	Lyndon	Nash		M	PDAC	01:16:19
43	464	Rob	Graham	49	M		01:16:19
45	20	Corel	Le Roux	40	M		01:16:27
46	494	Andrew	Butler	44	M	Midlands AC	01:16:31
47	249	Kevin	Meyer	29	M	Collegians Harriers	01:16:40
48	232	Steven	Gossman	51	M	Westville AC	01:17:45
49	326	John	Chappe De Leonval	26	M	PDAC	01:18:00

50	84	Nathaniel	Owen	21	M		01:18:26
51	296	Simon	Mbuyazi	64	M	Howick AC	01:18:29
52	95	Ant	Sanderson	56	M	Westville AC	01:18:39
53	234	Vuyo	Tshingana	16	M		01:19:02
54	16	Stefan	Hohls	24	M	Save Orion	01:19:17
55	170	Juliette	Goedel	20	F		01:19:21
56	61	Nhamo	Jena	51	M	Collegians Harriers	01:19:55
57	75	Elias	Mechanicos	53	M	Savages	01:20:05
58	349	Werner	Jonas	46	M	Collegians Harriers	01:20:09
59	379	Jarred	Christie	29	M		01:20:26
60	372	Daniel	Dix	26	M	AAC	01:20:35
61	414	Gareth	Morgan	40	M	Hillcrest Villages AC	01:20:47
62	186	Matt	Wilkes	31	M	Faku Chiefs AC	01:20:53
63	46	Nkosenhle	Mhlongo	47	M	Umkomaas AC	01:21:35
64	77	Lauren	Keenan		F		01:21:48
65	23	S'bu	Bucibo	60	M	Adventists AC	01:22:35
65	105	Andre	Booyesen	67	M	Howick AC	01:22:35
67	238	Thulani	Langa	50	M	Phuma	01:22:41
68	157	Brett	Acutt	38	M	Collegians Harriers	01:22:45
69	354	Andries	Oelofse		M	Howick AC	01:23:02
70	359	Wesley	Harrison	37	M		01:23:09
71	6	Maritza	Erasmus	38	F		01:23:15
72	366	Graham	Pearson	33	M		01:23:33
73	430	Justice	Duma	43	M	Maritzburg AC	01:23:39
74	405	Peter	Thorpe	32	M		01:23:46
75	172	Ian	Griffiths	39	M	Collegians Harriers	01:23:51
76	229	Rory	Anderson	49	M	Dolphin Coast Striders	01:23:54
77	422	Megan	Beltan	21	F		01:24:02
78	550	Nico	Pretorius	38	M	Athletics Kloof	01:24:05
79	370	Shea	Duncan	34	F	Howick AC	01:24:18
80	300	Paul	Pearce	51	M	Westville AC	01:24:24
81	415	Justin	Duncan	43	M	Hilcrest Village AC	01:24:29
82	358	Lionel	Julius	52	M	Howick AC	01:24:50
83	22	Wayne	Warburton	41	M	Collegians Harriers	01:24:58
84	190	Jade	Pickard	37	F		01:25:06
85	191	Abby	Solms	34	F	Save Orion	01:25:07
86	482	Hannan	Bullock	16	F	Elite Performance Group	01:25:14
87	241	Ronnie	Verster	53	M	Westville AC	01:25:18
88	179	Sanele	Ngubane		M	Hollywood Bets AC	01:25:28
89	282	Candice	White	40	F		01:25:43
90	71	Ericote	Shezi	45	M	Howick AC	01:25:51
91	473	Kwanda	Sibiya	31	M	Manguzi AC	01:26:27
92	54	Meghan	King	33	F	Westville AC	01:26:36
93	140	Jack	Mann		M	Running Kin	01:26:47
94	255	Sphelele	Zuma	59	M	Martinsburg AC	01:27:03
95	365	Nicole	Oxlee	48	F	Kearsney Striders	01:27:13
96	459	Craig	Saunders	55	M	St Johns Athletics Club	01:27:35
97	355	Michelle	Vincent	50	F	Kloof Athletics	01:27:45
98	602	Paula	Symington	41	F	Westille	01:27:48
99	168	Sibonelo	Zungu	38	M	Team Vitality	01:28:55
100	361	Gary	Behn	47	M		01:29:00
101	343	Stuart	Cox	52	M	Westville AC	01:29:36
102	245	Louis	Lodder	53	M	Chiltern AC	01:29:41
103	362	Kylie	Griffin	58	F	Westville AC	01:30:03

104	460	Caroline	Woerner	20	F		01:30:12
105	267	Pranav	Dhanall	22	M	Save Orion	01:30:16
106	351	Hayley	Mackinnon	50	F	Hillcrest Villages AC	01:30:21
107	214	Daniel	Eden	30	M		01:30:28
108	218	Sune	Koegelenberg		F	Mav Elite	01:30:46
109	488	Simon	Armour	44	M	Faku Chiefs AC	01:30:53
110	456	Ashwin	Maharaj	53	M		01:31:15
111	99	Thokozani	Ntombela	34	M	Hollywood Bets AC	01:31:26
112	299	Rudi	Van der Merwe	43	M	Howick AC	01:31:37
113	304	Kent	Yeatman	33	M	Howick AC	01:31:41
114	192	Matt	Tatham	36	M	Faku Chiefs AC	01:32:02
115	396	Kaitlyn	Quenet	33	F	Faku Chiefs AC	01:32:27
116	86	Zane	McCullough	36	M	Collegians Harriers	01:32:59
117	225	Eric	Geer	35	M	Collegians Harriers	01:33:00
118	113	Care	Kent	42	F		01:33:08
119	240	Carlo	De Oliviera	48	M	Westville AC	01:33:14
120	197	S	Moss	50	M		01:33:36
121	421	Gordon	Howie	67	M	Chiltern AC	01:33:42
122	205	Ingo	Schroder	61	M	Collegians Harriers	01:33:57
123	403	Rory	Manning	67	M	Kearsney	01:34:03
124	261	Andy	Patterson	63	M	Westville AC	01:34:12
125	431	Alison	Parle	53	F	Westville AC	01:34:31
126	291	Douglas	Couperthwaite	65	M	Collegians Harriers	01:34:41
126	387	Natalie	dos Santos	25	F	Bluff Athletic	01:34:41
128	311	Freddie	Van Zyl	35	M		01:34:48
129	233	Shawn	Meyer	53	M	Get Fit AC	01:35:05
130	399	Greg	Beyrooti	58	M	Howick AC	01:35:30
131	500	Lwando	Saunders	26	M		01:35:46
132	130	GP	Van Den Berg	46	M		01:35:52
133	35	Moloko	Mokoditsoa	36	M	Amaghewe	01:36:12
134	87	Michelle	Olivier	46	F	Hillcrest Villages AC	01:36:16
135	444	Jay	Bhagwan	61	M	Collegians Harriers	01:36:18
136	14	Stephen	Owen	54	M	Kearsney Striders	01:36:25
136	481	Grant	Bullock	51	M		01:36:25
138	342	Meyer	Meyer	52	M	Kloof	01:36:33
139	489	Jayne	Armour	41	F	Faku Chiefs AC	01:36:39
140	330	Jen	Horsten	38	F		01:36:43
141	424	Cate	Carroll		F	Collegians Harriers	01:36:48
142	381	Andrew	Martin		M		01:36:54
143	246	Alison	Howe	30	F	Howick AC	01:36:58
144	4	Nkosinathi	Ndlela	46	M	Abasubathi	01:37:01
145	239	Andrew	Taylor	49	M	Dolphin Coast Striders	01:37:06
146	174	Fred	Mckenzie	64	M	Westville AC	01:37:24
147	495	Layle	Cathey	39	F	PDAC	01:37:29
148	480	Luvuyo	Gushu	35	M	SAPS	01:37:43
149	118	Chantall	Van der Merwer	47	F	Save Orion	01:37:56
150	306	Emma	Baldwin	26	F	PDAC	01:38:03
151	307	Fiona	Baldwin	53	F	PDAC	01:38:07
152	439	Daivean	Hay		M	Collegians Harriers	01:38:15
153	25	Jennifer	Olbers	41	F	PDAC	01:38:24
154	548	Les	Bernard	69	M	Collegians Harriers	01:38:32
155	91	Matthew	Halford	25	M		01:38:37
156	67	Gough	Gough				01:38:51
157	280	Kelly	Clowes		F	Athletics Kloof	01:39:05

158	377	Claire	Behn	45	F		01:39:11
159	279	Sindi	Nzimakwe	44	F	Eskom	01:39:16
160	165	Brent	Coverdale	47	M	Howick AC	01:39:36
161	141	Judy	Dinkel	53	F	Howick AC	01:39:40
162	273	Sandy	Stewart	53	F	Running Kin	01:39:49
163	334	Leon	Labuschayne		M	Howick AC	01:39:55
164	469	Elton	Mukudu	35	M		01:40:05
165	302	Simon	Moore	59	M	St Johns AC	01:40:18
166	260	Jinty	Trevor-Roberts	55	F	Athletics Kloof	01:40:32
167	544	Dave	Saundevson	55	M	Westville AC	01:40:37
168	294	AJ	Keith	54	M	Dolphin Coast Striders	01:40:42
169	309	Nikki	Jonas	46	F	Collegians Harriers	01:40:46
170	89	Yeshen	Naidoo	33	M		01:40:51
171	417	Elmarie	Thole	55	F		01:41:07
172	322	Hannah	Broad	43	F		01:41:15
173	352	Lynne	Baxter	53	F	Kearsney Striders	01:41:26
174	100	Hein	De Kock	45	M		01:41:56
175	549	Caroline	Storrar	46	F	Howick AC	01:42:14
176	131	Peter	Hartzgen		M	Howick AC	01:42:17
177	248	Roberto	Sirilli	40	M		01:42:21
178	435	Bruce	Jenkins		M	Hoedspruit AC	01:42:29
179	411	M	Goldstone		M	Howick AC	01:42:45
180	492	Claire	Barnard	38	F		01:42:50
181	109	Johann	McLeod	57	M		01:42:55
182	378	Andrew	Laas		M		01:43:01
183	52	Aslam	Moolla	35	M	Save Orion	01:43:06
184	53	Anne-Marie	Van der Merwe	49	F	Athletics Kloof	01:43:08
185	70	Joseph	Dunakoe	65	M	Save Orion	01:43:13
186	223	Thulani	Dlamini	49	M	MAC	01:43:23
187	350	Geetha	Pillay	52	F	Save Orion	01:43:33
188	308	Sanjeev	Sookraj	52	M	Save Orion	01:43:36
189	383	David	Borain	41	M	Collegians Harriers	01:43:41
190	470	Sydney	Mukudu	37	M		01:43:48
191	440	Kade	Charlton	21	M	Westville AC	01:43:56
192	210	Jerome	Shezi	60	M	Adventists AC	01:44:01
193	388	Reatile	Makori	33	F		01:44:22
194	194	Tiffany	Aldworth	30	F	Howick AC	01:44:29
195	177	Kevin	McCann	52	M	Howick AC	01:44:34
196	312	Maryke	Van Zyl	31	F		01:44:38
197	466	Carrie	Stegen		F		01:44:48
198	471	Nikyle	Magantal	26	M		01:45:01
199	375	Bern	Stokes	45	F	Athletics Kloof	01:45:06
200	479	Mthunzi	Bhendu	49	M	Team Vitality	01:45:45
201	490	Alysha	Wolfaardt	27	F	Collegians Harriers	01:46:04
202	124	Tosh	Makhathu		M	Team Vitality	01:46:06
203	31	Lynot	Kinloch	58	F	Natal Carbineers	01:46:24
204	227	Andy	Catlett	38	M	A.O.T Running	01:46:38
205	451	Tyrone	Holder	43	M	A.O.T Running	01:46:41
206	37	Andrew	Hammond	37	M	A.O.T Running	01:46:45
207	258	Megan	Deacon	21	F		01:46:51
208	465	Tarryn	Smith	39	F		01:46:54
209	254	Stewart	Chite	58	M	Collegians Harriers	01:47:23
210	468	Michelle	Hatting	47	F	Save Orion	01:47:44
211	461	Quentin	Doyle	52	M		01:47:52

212	472	Adele	Wickerson	46	F	Highway AC	01:48:10
213	112	Craig	Dennill	56	M	DUT	01:48:18
214	458	Tookie	Tullis	56	F		01:48:22
215	44	Julia	Thompson	50	F	Dolphins Coast Striders	01:48:37
216	402	Fiona	Morley	52	F	Westville AC	01:48:42
217	401	Murray	Saunderson	56	M	Westville AC	01:48:48
218	305	Gina	Lauterbach	33	F		01:48:51
219	313	Don	De Kock	50	M	Kloof	01:48:57
220	487	Kate	Butlin	41	F	Howick AC	01:49:03
221	265	Heane	Rougie-Lagone	70	M	GetFit AC	01:49:10
222	83	Greg	Bisset	53	M	Howick AC	01:49:13
223	371	Andrew	Hall	56	M		01:49:19
224	368	Kelvin	Strachan	56	M	Westville AC	01:49:25
225	51	Khosi	Mdlala		F	UKZN	01:50:06
226	49	Nirola	De oliveira	42	F	Westville AC	01:50:09
227	419	John	Thole	25	M		01:50:29
228	603	Kerry	Van Greunen	30	F		01:50:31
229	78	Kayleigh	Demosthenous	30	F	A.O.T Running	01:50:42
230	406	Paige	Harborth	34	F		01:50:44
231	252	Thabani	Sosiba	47	M	Martizburg City	01:50:50
232	475	Lihle	Sibiya	31	F		01:51:00
233	382	Greg	Szymanski	70	M	Save Orion	01:51:07
234	217	Federico	Settlier	42	M		01:51:19
235	429	Jandi	Hallett	55	F	Get Fit	01:51:30
236	445	Carly	Stone		F	Ofcolaco Harriers	01:51:35
237	137	Chris	Haynes	43	M		01:51:50
238	30	Brian	Kurz	79	M	Collegians Harriers	01:52:37
239	601	Linky	Hoffman	47	F		01:53:03
240	290	Sdu	Ndlovu	42	M	Amaqhawe AC	01:53:10
241	272	Bill	Freeman Smith	59	M	Howick Ac	01:53:17
242	289	Warren	Confait	51	M		01:53:23
243	420	Angela	Boulle	50	F	Chiltern AC	01:53:28
244	418	Dawn	Blakeway	58	F	Chiltern AC	01:53:34
245	184	Mzwe	Phoswa	47	M	SAPS	01:53:39
246	426	Craig	Shillar	61	M	Chiltern AC	01:53:40
247	129	Miranda	Mokoena	42	F	Maxed	01:54:01
248	257	Tamarin	Enslin	35	F		01:54:06
249	231	Vanessa	Vorster	56	F	Westville AC	01:54:14
250	542	Micole	Martens	37	F	Team Vitality	01:54:22
251	151	Janine	Grantham	36	F	Team Vitality	01:54:29
252	340	Nikki	Baker		F	Kloof	01:54:41
253	416	Nishen	Naraindas	28	M	Hillcrest Villages AC	01:54:48
254	319	Debbie	Collyer	49	F	Running Kin	01:55:30
255	303	Sarah	Alcock	50	F		01:55:43
256	138	Melissa	Hodgkiss	30	F		01:55:55
257	477	Lawrence	Trotter	76	M		01:56:02
258	193	Melanie	Goldstone	33	F	Howick AC	01:56:18
259	443	Marianne	Smith	52	F	Estcourt	01:56:26
260	144	Anthea	Michaux	48	F		01:56:31
261	160	Jabulani	Maphanga	46	M	Maritzburg City	01:56:36
262	474	Renee	Veenstra	38	F		01:56:54
263	427	Barbara	Stirk	39	F		01:56:58
264	317	Kelsey	Hearder	21	F		01:57:12
265	483	Bernadette	De Swardt	46	F		01:57:18

266	484	Wynand	De Suardt	53	M		01:57:22
267	336	LezÃ©	Coerzee	25	F		01:57:28
268	438	Paul	Pienaar	65	M	Collegians Harriers	01:57:39
269	476	Lauren	Ward	22	F		01:57:56
270	175	Jill	Willows	65	F	Collegians Harriers	01:58:01
271	441	Leanne	Van der Weathuizen	45	F		01:58:10
272	346	Brenda	Cox		F	Westville AC	01:58:17
273	171	Emma	Wynberg	36	F		01:58:29
274	24	Owen	Bengo	44	M	W -	01:58:42
275	199	Mel	Paul	43	F		01:58:52
276	274	Ashley	Hylton	36	M		01:58:56
277	263	Peter	Devine	66	M	Collegians Harriers	01:59:03
278	386	Kompamba	Chanda	27	M		01:59:07
279	189	C.L	Vigar	47	F	WP Carbs	01:59:11
280	188	Maria	DeVilliers	61	F	Carbs KZN	01:59:16
281	187	Kim	Ash	56	F	Run Walk For Life	01:59:21
282	325	Matt	Moore	24	M	St Johns AC	01:59:26
283	200	Sarah	Pitout	57	F		01:59:32
284	413	Christine	Raulstome	46	F	Hillcrest Villages AC	02:00:27
285	390	Luiz	Pereira		M		02:01:07
286	226	Ian	Walten	60	M	RAC	02:01:38
287	185	Clifford	Gundry	56	M		02:01:40
288	316	Brian	Du Preez	35	M		02:02:03
289	323	Sean	Szucs	33	M		02:02:06
290	63	Andre	Vosloo		M		02:02:23
291	80	Dirk	Odendaal	54	M		02:02:32
292	270	Amisha	Lalidas	55	F	Dolphin Coast Striders	02:03:16
293	398	Barbara	Beyrooti	52	F	Howick AC	02:03:24
294	287	Pamela	Roestof	51	F	Highway A/C	02:03:54
295	213	Martin	Roestof	54	M	Collegians Harriers	02:03:58
296	292_Late Starter	Zucu	Zitulblu	76	M		02:04:02
297	58	Jan	Korrubel	58	M		02:04:08
298	364	Juanita	Ugljarun	48	F	Vitality	02:04:25
299	454	Steve	Elliott	72	M		02:04:29
300	60	Gina	Laskie	51	F		02:04:47
301	275	Peter	Caskie	51	F		02:04:55
302	428	Julie	Hornby	58	F	Chiltern AC	02:05:02
303	356	Meean	Heinzelmann	34	M		02:05:19
303	363	Max	Heinzelmann	35	M		02:05:19
305	395	Slindile	Radebe	39	M	Team Vitality	02:05:26
306	491	Carol	Van Rensburg	53	F		02:05:54
307	247	Rika	Paulse	56	F	DCS	02:06:52
308	201	Nathan	Benade	21	M	Orion	02:06:53
309	347	Dalean	Zaayman	55	F	Natal Carbineers	02:07:59
310	546	Tiffany	Callaghan	55	F	Westville AC	02:08:44
311	376	Hayden	Everill	37	M		02:08:53
312	55	Allan	Angus	71	M	Run Walk For Life	02:08:56
313	452	Mndeni	Nzuke	44	M	KZN Correcgonals	02:09:03
314	310	Tarr	Tarr	59	F		02:09:09
315	276	Xolani	Zaca		F	SAPS Ingwenya	02:09:12
316	204	Kevin	Le Roux	68	M	Howick Ac	02:09:20
317	410	S	Panther	55	M	Correctional services	02:09:24
318	221	Zanda	Ngwenya	37	F	Vertical Spaces	02:09:33
319	150	Mart	Engh	39	F		02:09:37

320	76	Rachel	McLaughlin	33	F		02:09:40
321	285	Mark	Sykes	46	M	Howick AC	02:10:23
322	262	Mandy	Meyer	50	F	Get Fit AC	02:10:34
323	167	Heidi	Paul	55	F	Athletics Kloof	02:10:39
324	314	Barbara	De Kock	46	F	Athletics Kloof	02:10:44
325	12	Chanell	Kruger	32	F		02:10:46
326	315	Karen	Welgemoed	41	F		02:10:50
327	407	Barclay	Hallett	57	M		02:10:58
328	318	Morgan	Birkett	45	F	HAC	02:11:20
329	82	Mildred	Ndlovu	58	F		02:11:31
330	485	Mark	Hohls	58	M		02:12:05
331	321	Mike	Forsyth	69	M	Walmer	02:12:28
332	149	Manuela	Kassmann	46	F		02:12:41
333	324	Charnell	Sierra	40	F	Save Orion	02:12:46
334	339	Chris	Bauer	70	M	Queensburgh Harriers	02:13:07
335	437	Trudy	Martin	42	F	Team Vitality	02:13:21
336	96	Mark	Backhouse	70	M		02:13:49
337	98	Matthew	Cocks	43	M	Midlands	02:13:56
338	333	Adele	Corbitt	42	F		02:14:01
339	341	Sonia	Fjelivik	46	F		02:14:05
340	143	Giles	King		M	Howick AC	02:14:14
340	331	Rich	Wheeler	64	M	Kloof Athletics	02:14:14
342	436	Linda	Payne	65	F	V	02:14:20
343	208	Kerryn	Lowe	31	F	Scottburgh AC	02:14:27
344	545	Busisiwe	Makhaye	55	F	SAPS Ingwenya	02:14:57
345	147	Ayanda	Mthembu	27	F	Umkomaas AC	02:15:20
346	266	Mike	Stencel	70	M	Kearsney	02:15:35
347	367	Pranil	Ramdhin	45	M		02:15:45
348	357	Bhavna	Ramdhin	18	F		02:15:50
349	269	ME	Gray	72	F	Howick AC	02:16:19
350	384	Debbie	Kleu	49	F	Collegians Harriers	02:16:32
351	373	Jon	Kleu	51	M	Collegians Harriers	02:16:39
352	408	Yolanda	Bezuidenhout		F		02:16:51
353	463	Debra	Handman		F		02:17:00
354	173	Richman	Ndlovu		M		02:17:02
355	107	Rajainlall	Dhanlall	52	M	W - Save Orion	02:17:46
356	404	Jenni	Manning	62	F	Kearsney	02:18:19
357	493	Nomvelisa	Bandla	42	F		02:18:24
358	332	Roisin	O'Brien	40	F		02:18:30
359	139	Claudia	Stencel	57	F	Kearsney	02:18:33
360	486	Sarah-Lee	Clements	36	F	Howick AC	02:18:39
361	244	Steven	Storey	41	M	Get Fit AC	02:18:43
362	301	Wendy	Storey	38	F	Get Fit KZN	02:18:47
363	176	Tracey	Bure	40	F	Savages	02:18:50
364	327	Hilary	Greenwood	74	M	Get Fit AC	02:18:56
365	79	Katharine	Atkinson	47	F		02:18:58
366	478	Xoinni	Gushu	67	M	SAPS	02:20:06
367	250	Sheila	Knusden	71	F	PDAC	02:20:22
368	127	Gous	Bisselt	62	F	Kloof Athletics	02:20:28
369	121	Patricia	Botton	64	F	Natal Cabeneers	02:21:07
370	543	Wendy	Botes	73	F	Highway AC	02:21:25
371	547	Janet	Jarvis	62	F	Highway AC	02:21:30
372	448	David	Chatterton	59	M		02:21:34
373	120	Thandiwe	Shezi	55	F		02:22:30

374	236	VJ	Govender	57	M	Protea athletic	02:22:38
375	394	Shushiela	Naicker	62	F	Protea Athletics	02:22:43
376	499	Nelisha	Adam	54	F	protea	02:22:50
377	228	Debbie	Lundin	63	F	Westville AC	02:23:02
378	209	Sharon	O'Hara	67	F	Natal Carbineers	02:23:49
379	211	Liz	Smit	71	F		02:23:54
380	457	Wendy	Turner	51	F		02:23:58
381	281	Lindy	McCann	53	F	Howick AC	02:24:09
382	449	Wendy	Chatterton	58	M		02:24:15
383	442	Goodman	Mzimela	35	M	Ingwenya	02:25:03
384	253	Ndoxolo	Zulu	29	F		02:27:25
385	434	Flossie	Mchunu	61	61		02:27:52
386	348	Braam	Zaayman	56	M	Save Orion	02:29:41
387	369	Michelle	Kem	39	F	Get fit	02:32:10
388	114	Mike	Lee	42	M		02:32:15
389	88	Jane	Bentley	65	F	Vitality	02:32:33
390	219	Sandra	Senekal	58	F		02:34:15
391	85	Lil	Parker	68	F	Highway AC	02:38:53
392	66	Gugu	Thusi	48	F	Hollywood Bets AC	02:40:22
393	450	Priscilla	Madlala	49	F	Phuma	02:40:30
394	288	Nonhlanhla	Buthelezi	54	F		02:40:37
395	433	Antoinette	Janse van Rensburg	37	F		02:40:51
396	389	Leone	De Kock	30	F		02:40:54
397	409	Ziqubu	Ziqubu	53	F		02:42:02
398	397	Loritta	Van den Broeck	67	F		02:44:05
399	498	Angie	Terwin	58	F		02:46:58
400	195	Louise	Madiwick	60	F		02:47:02
401	496	Bev	Thompson	54	F		02:47:37
402	497	Min	Mackenzie	55	F		02:47:44
403	338	Charmarie	Redman	68	F		02:52:08
404	425	Omar	Sayed	39	M		02:53:10
405	271	Mnikoza	Mabasa	48	M	Striders SAPS	02:54:29
406	216	Thungo	Nonhlanhla	37	F	Protea Striders AC	02:54:30
407	155	Nonhlanhla	Zwane	46	F	Protea Striders AC	02:54:34
408	198	Anton	Roberts	54	M		02:55:00
409	73	Keagan	Roberts	17	M		02:55:07
410	26	Anita	Cohen	54	F		02:59:23